ABSTRACT EXPRESSION

Jackson Pollock

Abstract Expressionists were New York artists who created art with non-representation, in other words, art that didn't look like anything.

Pollock also used a style called Automatism which means not planning out your artwork first, using chance and accidents to create art.

Jackson Pollock dripped, poured and spattered paint on large canvases placed on the floor. Fun fact: some of his paintings have his foot prints on them!
Dip your paint brush into paint and drip it over the paper. Now try flicking the brush at the paper. Look at the different ways the paint hits the paper.

Dip an old toothbrush into paint. Holding the brush near the bristles and pointing it at the paper, run your finger or thumb over the bristles. Look at the spatters you made.

Pour paint into a squeeze bottle and pour the paint over your paper.

Place a sheet of paper, the bigger the better, on top of old newspapers or an old bed sheet.

Try these three different techniques.

**Materials Needed:**
- paper
- newspapers/old bed sheet
- paint (thinned out with water)
- paint brushes
- old toothbrush
- squeeze bottle

*Do this on the grass, no clean up needed!*

[Jackson Pollock](https://www.tate.org.uk/art/artworks/pollock-summertime-number-9a-pollock-krasner-foundation-limit-1459788165)

*Summertime: Number 9A, 1948*  
*Tate © Pollock - Krasner Foundation, Inc.*

*Place this on the grass; no clean up needed!*